

BUSINESS / B1

IMF raises
forecast for RP

NEWS / A2

DOLE takes over PAL row,
warns vs work stoppage

NEWS / A5

DOH issues 'Don't
buy' toys' list

NEWS / A2

Noyonay orders DOJ
to probe nurse's rape



AN ARTISTIC rendering of a corrugated glass pane. So this pet is strong.

NEWS / A10

Nobel Prize in physics
given to 2 discoverers
of super-thin carbon

PHILIPPINE DAILY INQUIRER

ALACRITY IN THE NEWS. FEARLESS VIEWS

Bishop Soc: God called
me through Bruce Lee

By Yolanda Sotelo
Bishop Socorro Geronimo
BAGUIO CITY—It has
not been long since his
youngster days, Lingayen
Diocesan Archbishop
Socorro Geronimo might
have ended up being a
black-belt of a boxer.



BISHOP SOC: B

Galleon here
after 6-month
trip from Spain

By DJ Yap

A REPLICATION of a 17th-century
Spanish galleon sailed into
Philippine waters yesterday as
the celebrating leg of a voyage
that started back in a region
but not forgotten in Manila.
Maritime legend on the high seas
world overseas in the East.

Almost 200 years since the
last galleon entered Manila,

GALLEON A



SOMEWHERE IN TIME The Antebaca, a replica of a 17th-century Spanish galleon, docks at Pier 13, South Harbor, Manila, on Wednesday. It sails into Manila Bay about 100 years after the last of the sailing ships came to the country. The Philippines took the Antebaca from the United States' first International District Galleon Festival. The galleon made between Manila and Acapulco represented the first institutional world trade and considered the precursor of globalization.

Gov't policy
clear, allots
P400M for
birth control

By Gil C. Cabacungan Jr.,
Desiree Calaca
and Gabriel Cardenas

THE DEPARTMENT of Health
(DOH) has allotted half of its
family health budget for contraceptives,
but a number of areas
needed to meet this allocation from the proposed
2011 budget.

Health Secretary Enrique Oza
said yesterday at yesterday's budget
hearing that the DOH had
allocated P351 million for its
annual family health programs.
Of the amount, P400 million has
been pegged for the purchase of
contraceptives, including birth

DOH A

Massacre victims begged for mercy, witness cries

By Philip C. Talavera
and Mike Morillo

THE VICTIMS pleaded for mercy
but were pushed, kicked
and hit on the head with the
butt of firearms, a witness for
the prosecution at the trial of
the Maguindayao massacre re-
counted yesterday.

Witness Norodine Mayang, a
former from Sulu, Malaysia,

Maguindayao, was in
the course of his testimony.

"They were crying and some
women said, 'Why are you
doing this to us, we are from the
media,'" he said.
Mayang told the court that
Judge Josefa Solis-Rivera said
he saw how some 300 armed
men led by Don Ramon Aquino
snatched the conveyer of media
workers and relatives of

new Maguindayao Vice Mayor
Maguindayao on the morning
of Nov. 23, 2009.

Kasani is a first cousin and
"best friend" of the primary sus-
pect in the massacre, Datu
Martyr Abdul-Aziz. He was also the
"boss" of the group of state
government, witness "Solis,"
said Mayang, a lawyer of the
victims.

INQUIRER A



EU OBSERVERS Tami Andersson (left) and Jackie Barr, a
refugee, protection expert of the European Union-Philippines Justice
Support Program, arrive in Manila to observe the Aquino trial.

SWS: Aquino
gets 'very
good' plus 60

PRESIDENT AQUINO got a
"very good" job satisfaction
score of +60 three months into
his six-year term despite mis-
steps of his administration,
including the bungled hostage
rescue that left eight Hong Kong
tourists died, results of a Social
Weather Stations (SWS) survey
show.

The results were published
yesterday in the BusinessWorld
newspaper.

Conducted from Sept. 24 to
27 or a month after the hostage
Russo that brought international
condemnation to the country,
the survey showed 71 per-
cent of respondents attached

SWS AQUINO B

Among Ed: Noy silent on 'jueteng'

By Christine V. Espenra

WITH A DIRECTIVE, President
Aquino can stop operations of
the PMA before undergoing
hearing, according to Eduardo
"Atang" Pua III, former
governor of Pangasinan, the so-
called "father of Jueteng."

During the hearing, Sen. Gre-
gorio Honasan asked Pua III to
warn the Aquino administration
not to allow the PMA to be
closed down.

"We don't see the administra-
tion's determination," Pua III
replied. "We're not leaving

from the President on this. No
comment from him. We hope he
would make an all-out state-
ment on his stand about this
matter."

Alarmed that area children
were being used as parking col-
lectors in the province, the
prosecutor said.

INQUIRER B

Mas malinamnam
ang pagkain
pag may

Pinipili ng mapiling ina.

WEATHER FORECAST

10:00 AM: Moderate to heavy rain with strong winds. Rainfall may be heavy in some areas. Rainfall may be heavy in some areas.

Area	Weather	Temp	Wind
Manila	Cloudy	28-30	10-15
Quezon	Cloudy	28-30	10-15
Calabarzon	Cloudy	28-30	10-15
Central Luzon	Cloudy	28-30	10-15
Western Luzon	Cloudy	28-30	10-15
Visayas	Cloudy	28-30	10-15
Mindanao	Cloudy	28-30	10-15

Second FRONT PAGE

Media Box: For more information, call 1-800-1-1111. Website: www.inquirer.net. E-mail: a1@inquirer.net

See page 1 for details



22+	FOUR DIGIT
30 4	4 9 4 2
15 30	4 14 37 38 40 41
7 4	P11 209,447.00
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LOTTO: 2010 Two 2M LOTTO, and 1M P1. 1M

Arroyo shows up at DOJ over P72-M plunder case

By Marlon Flores

MANILA (Inquirer) — President Gloria Macapagal-Arroyo has shown up at the Department of Justice (DOJ) for the preliminary investigation on the P72-million plunder case filed against her and her allies.

In a very rare occasion, the former president yesterday showed up at the Department of Justice (DOJ) for the preliminary investigation on the P72-million plunder case filed against her and her allies regarding the sale of the old Inko airport.

She was a black and white and accompanied by her lawyer Raulo S. Alarcon. Arroyo was seated and the judge on the bench the retired judge of the old Inko airport where the hearing was held.

She also showed the judge of the old Inko airport for the P72-million plunder case filed against her and her allies regarding the sale of the old Inko airport for the P72-million plunder case filed against her and her allies regarding the sale of the old Inko airport.

Arroyo, now in Pampanga, arrived at the old Inko airport for the P72-million plunder case filed against her and her allies regarding the sale of the old Inko airport for the P72-million plunder case filed against her and her allies regarding the sale of the old Inko airport.

DOLE takes over PAL row, warns vs work stoppage

By Jerome Aring

WITH THE government's assumption of jurisdiction over the labor dispute at Philippine Airlines (PAL), work stoppage by its disgruntled flight attendants would be illegal, Labor Secretary Francisco Duque said yesterday.

Duque said the union must wait for a court decision on the legality of its strike action. He said the union must wait for a court decision on the legality of its strike action. He said the union must wait for a court decision on the legality of its strike action.

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During talks between PAL management and the flight attendants' union, Duque said the union must wait for a court decision on the legality of its strike action. He said the union must wait for a court decision on the legality of its strike action.

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Probe nurse's rape, Noy orders DOJ

By Marlon Flores

PRESIDENT Benigno Aquino III has ordered the Department of Justice (DOJ) to look into the rape of a nurse by a police officer.

The nurse, who was raped by a police officer, was a nurse at a police station. The nurse, who was raped by a police officer, was a nurse at a police station.

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Singer in Pacquiao fight not taking any chances

By Leticia S. Salaveria

THE SINGER who has been chosen to sing the national anthem at the new Malabon fight of boxing superstar Manny Pacquiao in the United States is not taking any chances.

Zyrene Pineda, who was handpicked by Pacquiao to sing the anthem, is celebrating the National Historical Institute (NHI) on the program by singing the Laping Hinirang.

Pineda, 24, said she intends to meet with Teddy Alvarez, chief of the NHI's Heritage Services, before she flies to the United States.

The young singer said she decided to do this because of the recent passage on final reading of a House bill imposing writer penalties on biased newspaper reporting.

"I am excited because now that I am a congressman, the people will be more focused on how and this fight is not just a fight, it is a war," she said in an interview.

Some of Pineda's supporters who helped out their own national version of the anthem have been widely criticized for allegedly misquoting the "Laping Hinirang."

Pineda said she is taking her cue from her internationally renowned singer Christo, whose version of the "Laping Hinirang" at President Aquino's inaugural address was praised for adhering to the original tempo and tone.

She hopes to get to work with composer Ben Canabado, who arranged Christo's interpretation of the anthem.

Pineda has also done her research and knows that the Laping Hinirang is not a long, drawn-out song as supposed to be for the first time.

"There is a song in school that's how it's supposed to be sung. It's that simple," she said.

The 24-year-old Pineda got the gig for Pacquiao's next fight after she performed the national anthem at an inaugural event for the barangays, the congressional district (Pangasinan), and the (New World) House.



PHOTO: GARCIA/INQUIRIR

The following week, she was invited by Pacquiao to his congressional office where he asked her to perform the Laping Hinirang to his team fight against Antonio Margarito.

"He told me, 'you will sing the national anthem at the fight' [initially, some really] I was so happy that I wanted to sing the song, but I wanted to be a congressman, but I wanted to be a congressman," she said.

Big business group backs K+12 proposal

By Dennis L. Lapid

THE PHILIPPINE Business Education (PBE) group has welcomed the government's plan to adopt the "K+12" proposal which integrates kindergarten and five additional years of basic education in the country.

In a statement, PBE said the "K+12" educational system would benefit the poor.

K+12 gives the poorest the extra years of schooling that for many years has only been available to private elite educational institutions, the group said. It also backs the plan to provide the income potential of a student as he enters the world of work.

PBE, an advocacy group for educational reform, led by prominent businessmen, said the additional years of basic education cannot be separated from the issue of the school system's poor quality.

"During the 12 years of education, the quality of the education should be improved to the level of the world's best," the group said.

It also said the government should ensure that the quality of the education system is improved to the level of the world's best.

"This, over and above the poor quality and lack of teachers, textbooks and workbooks and facilities, continues to make learning a growing challenge for more and more of our students."

PBE called on the various education sector stakeholders to rally around the K+12 effort.

"It shall be no easy task and it shall most certainly make the necessary reforms more complex, requiring even larger investments," the group said.

However, K+12, coupled with other system-wide reforms like those under the Basic Education Reform Agenda (BEA), are essential if we want our children to learn to learn and learn to learn.

K+12 is a 12, however, would be able to open their doors to the best of the world's education to keep up with rest of the world, but it is important that the Department of Education (DepEd) is not the only one to be the best of the world, it added.

"Those who insist on throwing obstacles in the way of K+12 are undermining our kids to poverty and obstructing their opportunities for a better life," PBE said.

Dr. Hilary Gomez of the Catholic Bishops' Episcopal Commission on Migration and Itinerant People, however, yesterday said more years in school would cause more problems for Filipino parents, particularly those working abroad.

"The present education system is already hard for them, what more if they will add more years in the basic education," said Gomez yesterday. "That is an additional burden to the OFWs," he said in remarks posted on the CBF News, the official news service of the Church hierarchy. Gomez said he understood that the Department of Education's K+12 program was aimed at leading up to the country's basic education to keep up with rest of the world, but it is important that the Department of Education is not the only one to be the best of the world, it added.

De Lima completes review of 'Morong 43' case

REPORTING FROM Manila: Justice Secretary Leila de Lima yesterday completed the review of the case of 41 health workers arrested in Morong, Rizal, on suspicion that they were communist rebels.

De Lima said she personally submitted her recommendations on the case of the community health advocates, collectively known as "Morong 43," to President Aquino during their meeting in Malacanan yesterday.

She, however, refused to disclose the contents of her report to the President.

"I have my recommendations already, but it's a confidential memorandum to the President," De Lima told reporters shortly after she met with media and supporters of the health workers at the Department of Justice (DOJ).

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NPA rebels torch sugar firm's facility

By Carlo P. Serrano, Baguio, Benguet

RAOUL CITY—More than 40 communist rebels, some of them clad in the camouflage uniforms of the police Regional Mobile Group (RMG), bombed and torched the water pumping station of the Victoria Milling Co. (VMC) sugar refinery in Victoria City in Negros Occidental on Tuesday night.

'OK na OK,' says Salceda of P-Noy's 1st 100 days

MANILA—President Aquino has performed the best among the past four presidents, according to a poll from Jose Salceda, who gave him a rating of "OK na OK" on a three-point scale.

The 100 days mark a point much more critical behind the new administration is just settling down and settling the country, he said in a statement.

There were no great disappointments or great disappointments about Aquino for which all administration could be held accountable, he said.

Salceda's rating of public opinion would also be difficult since they had largely different political opinions, he added.

But Salceda said there must be an objective yardstick in assessing and comparing the performance of an administration in the first 100 days.

After torching the station, the rebels fled to the mountains.

The rebels group then poured gasoline and lit the water facility while a woman took a video footage.

The station was located on a 30-meter hillside.

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A SCUBA diver in a small boat on the Victoria Strait near a fisherman in Zamboanga, who is looking at the diver's equipment.

Tourism in Guimaras grew 21 percent, gov says

By Victor P. Serrano, Baguio, Benguet

MANILA—Tourism in Guimaras Island, a province in the Visayas, grew 21 percent in the first 100 days of the new administration, according to a report from the Department of Tourism.

The report said that the number of tourists visiting Guimaras increased by 21 percent in the first 100 days of the new administration.

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'Media death squad' seen in Cotabato journalist's death

By Carlo P. Serrano, Baguio, Benguet

COTABATO—A journalist who was killed in a shooting in Cotabato was seen as a victim of a "media death squad," according to a report from the Department of Justice.

The report said that the journalist was killed in a shooting in Cotabato, and that the killing was seen as a victim of a "media death squad."

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Japanese found dead

A JAPANESE businessman was found dead in his hotel room in Manila.

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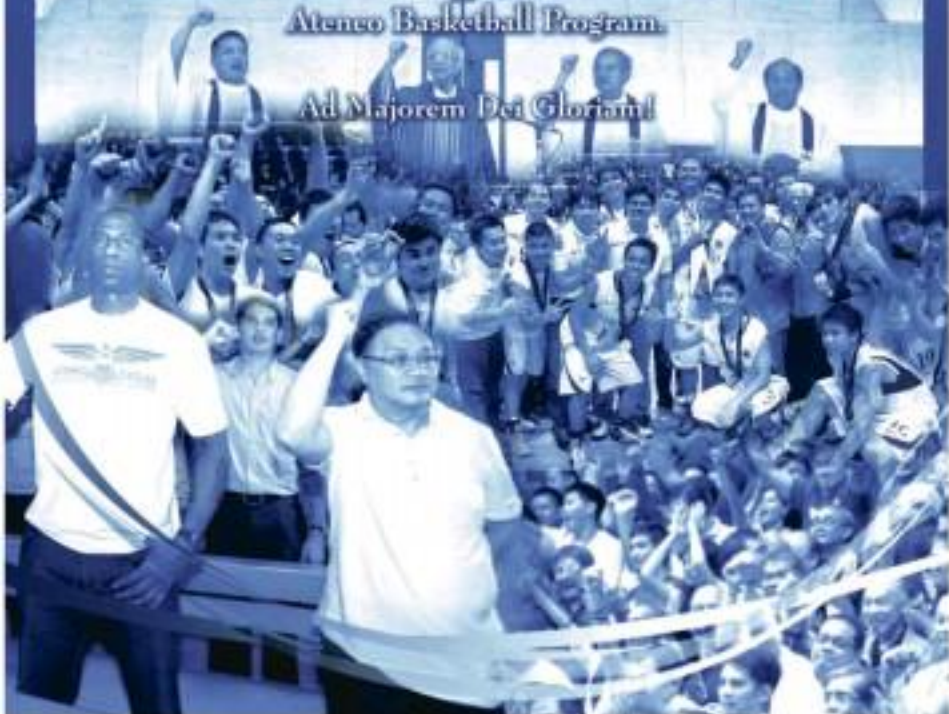


We made **THREE FOR HISTORY.**

The Ateneo de Manila University thanks the Ateneo community - students, faculty, staff, administrators, parents, alumni, and friends - for supporting our Ateneo Blue Eagles and Eaglets, and coaches Norman Black and Jannike Jarin and their coaching staff, when they made history with their double three-peat championships in the UAAP 73rd season.

Our very special thanks to
Mr. Manuel V Pangilinan,
for his guidance and unwavering support of the
Ateneo de Manila University, its two teams, and the
Ateneo Basketball Program.

Ad Majorem Dei Gloriam!



ABS-CBN seeks TRO against Revillame

Court asked to stop TV host from working for rival network

Tan arrested for 'shape' near oil leak

ABS-CBN seeks TRO against Revillame

ABS-CBN has filed a motion for a temporary restraining order (TRO) against Revillame, asking the court to stop him from working for the rival network. The motion was filed in the Regional Trial Court (RTC) in Manila. The court is expected to decide on the motion soon.

Why Angela Reyes should become congressman

Angela Reyes is a well-known TV host and actress. She has been in the entertainment industry for many years. She is now running for congressman in the upcoming elections. She has a strong record of public service and is a popular figure among the people.

Wife of... (unclear)

The wife of... (unclear) is a well-known TV host and actress. She has been in the entertainment industry for many years. She is now running for congressman in the upcoming elections. She has a strong record of public service and is a popular figure among the people.

Tan arrested for 'shape' near oil leak

Tan was arrested for 'shape' near oil leak. The incident occurred near an oil leak. Tan was found in a suspicious position. He was arrested and taken to the police station. The police are investigating the case.

Ag... (unclear)

Ag... (unclear) is a well-known TV host and actress. She has been in the entertainment industry for many years. She is now running for congressman in the upcoming elections. She has a strong record of public service and is a popular figure among the people.

Deals on Wheels

Deals on Wheels is a car dealership. They offer a variety of cars for sale. They have a large inventory of cars and are known for their excellent customer service.





These results indicate that the 11-item measure reliably measures the same thing. Reliability is necessary for differences among people to reflect differences in the trait being measured. The next step is to find out if people actually differ. This step is called *construct validity* and can be done by giving the study scale to thousands of people and seeing if scores vary. In a study of 1000 people, scores ranged from 1 to 100. This indicates that people differ in the trait being measured. The final step is to see if the study scale is related to other measures of the same trait. In a study of 1000 people, scores on the study scale were related to scores on a well-established measure of the same trait.

www.pearsoncmg.com/013036223x

Figure 10.30 shows the function $f(x)$ and its derivative $f'(x)$ plotted on the graphing calculator. The function $f(x)$ is the graph of the function $f(x) = x^2 + 1$. The derivative $f'(x)$ is the graph of the function $f'(x) = 2x$. The function $f(x)$ is a parabola opening upwards with its vertex at $(0, 1)$. The derivative $f'(x)$ is a straight line passing through the origin $(0, 0)$ with a slope of 2. The graphing calculator shows the function $f(x)$ and its derivative $f'(x)$ plotted on the same set of axes. The function $f(x)$ is plotted in blue and the derivative $f'(x)$ is plotted in red.

It is a common mistake to think of the world as a single, unified entity. In fact, the world is a complex, multi-layered system of interconnected parts. Each part has its own unique characteristics and functions, and they all work together to create the whole. Understanding the world requires a deep understanding of its many facets and how they relate to each other.

[illegible]

Keywords: stress; coping; self-efficacy; social support

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continued T-63



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12

October 18-19



October 22-24



1. *Journal of the American Medical Association*, 1998; 279: 1033-1037.
 2. *Journal of the American Medical Association*, 1998; 279: 1038-1042.
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 4. *Journal of the American Medical Association*, 1998; 279: 1048-1052.

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Journal of Internal Medicine 255: 105–112

The World

Editor Lawrence B. Gueco



WIKIMEDIA

Car bomber meted out life sentence

NEW YORK—The National

Interpretation of the law in a busy New York City court on Tuesday and Wednesday, the court ruled that a man who bombed a car in New York City in 1993 should be sentenced to life in prison.

The man, who was 31 years old at the time of the bombing, was charged with first-degree murder, second-degree murder, and possession of a dangerous weapon.

The man's lawyer said that his client was a "good person" who was "forced into a life of crime" by a group of people who were "using him for their own purposes."

25 Nato fuel tankers attacked

QUETTA, Pakistan—Gunmen torched more than two dozen tankers carrying fuel to Nato troops and killed a driver on Wednesday, the sixth attack on convoys taking supplies to Afghanistan since Pakistan closed a key border crossing almost a week ago.

Isolated from the rest of the world, the Nato forces in the border town of Quetta have been cut off from the rest of the world. The border town is the only link between the Nato forces and the rest of the world.

The United States has supplied more than 100,000 tons of supplies to the Nato forces in the border town of Quetta.

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The United States has supplied more than 100,000 tons of supplies to the Nato forces in the border town of Quetta.

an Afghanistan, and made sure that the trucks in the rest of the world were not attacked.

The attack early Wednesday morning came as Nato forces were on their way to the Chaman crossing.

An unidentified number of gunmen in two vehicles attacked the trucks as they were in the parking lot of a roadside hotel.

The convoys bring fuel, military vehicles, spare parts, clothing and other non-lethal supplies for foreign troops in Afghanistan.



AN UNIDENTIFIED FIGHTER SETS OFF A FIRE IN THE COURTYARD OF A HOTEL IN QUETTA AFTER GUNMEN TORCHED NATO TRUCKS AS THEY SAT IN THE PARKING LOT OF A SIDEWALK HOTEL.

16 militants killed in Afghanistan

KABUL—(AP)—NATO and Afghan officials on Wednesday said 16 militants had been killed in operations throughout Afghanistan over the past 24 hours.

Nato said an airstrike killed the "leader" of a group of militants in Paktia province, identified as Amir Zardaki, and four other insurgents in southern

Afghanistan on Tuesday. The Afghan Ministry of Defense said that 16 militants had been killed in operations throughout Afghanistan over the past 24 hours.

The killing of 16 militants came as President Hamid Karzai announced the "Year of Afghanistan" after a series of roadside bombs in southern

provinces. Karzai said that the "Year of Afghanistan" was a year of progress and development.

chasing enemy positions. The attack occurred in the border town of Quetta, where the Nato forces are based.

The Nato forces are based in the border town of Quetta, where they are providing supplies to the Nato forces in the border town of Quetta.

The Nato forces are based in the border town of Quetta, where they are providing supplies to the Nato forces in the border town of Quetta.



Republic of the Philippines
DEPARTMENT OF LABOR AND EMPLOYMENT
National Capital Region
1000 N. EDSA, 2nd Floor, Alabang, Muntinlupa City, 1779

NOTICE OF FILING OF APPLICATIONS FOR ALIEN EMPLOYMENT PERMITS (AEP/S)

Notice is hereby given that the following foreign companies have filed with the Regional Office applications for Alien Employment Permits.

Name and Address of Company/Office	Name of Foreign Applicant/Company	Position	Name and Address of Company/Office	Position
ABC COMPANY INC. 123 Main St. New York, NY 10001	John Doe	Software Engineer	XYZ COMPANY INC. 456 Main St. Los Angeles, CA 90001	Software Engineer
DEF COMPANY INC. 789 Main St. San Francisco, CA 94102	Jane Smith	Marketing Manager	GHI COMPANY INC. 101 Main St. Chicago, IL 60601	Marketing Manager
JKL COMPANY INC. 234 Main St. Houston, TX 77001	Mike Brown	Operations Manager	MNO COMPANY INC. 567 Main St. Phoenix, AZ 85001	Operations Manager
PQR COMPANY INC. 890 Main St. Dallas, TX 75201	Sarah White	Finance Manager	STU COMPANY INC. 123 Main St. San Antonio, TX 78201	Finance Manager
VWX COMPANY INC. 456 Main St. Austin, TX 78701	David Green	Human Resources Manager	YZA COMPANY INC. 789 Main St. Fort Worth, TX 76101	Human Resources Manager
BCD COMPANY INC. 101 Main St. San Jose, CA 95101	Emily Black	Product Manager	EFG COMPANY INC. 234 Main St. San Diego, CA 92101	Product Manager
HIJ COMPANY INC. 567 Main St. San Luis Obispo, CA 93401	Frank Blue	Quality Assurance Manager	KLM COMPANY INC. 890 Main St. Santa Barbara, CA 93101	Quality Assurance Manager
NOP COMPANY INC. 123 Main St. Santa Cruz, CA 95060	Grace Red	Systems Administrator	QRS COMPANY INC. 456 Main St. Santa Clara, CA 95050	Systems Administrator
TUV COMPANY INC. 789 Main St. Santa Monica, CA 90401	Henry Yellow	Business Development Manager	WXY COMPANY INC. 101 Main St. Torrance, CA 90501	Business Development Manager
ZAB COMPANY INC. 234 Main St. Thousand Oaks, CA 91320	Ivy Purple	Project Manager	CDE COMPANY INC. 567 Main St. Van Nuys, CA 91410	Project Manager
FGH COMPANY INC. 890 Main St. West Hollywood, CA 90069	Jack Orange	Public Relations Manager	IKL COMPANY INC. 123 Main St. West Valley City, UT 84001	Public Relations Manager
MNO COMPANY INC. 456 Main St. Woodland Hills, CA 91367	Karen Pink	Sales Manager	PQR COMPANY INC. 789 Main St. Woodbury, NY 11797	Sales Manager
STU COMPANY INC. 101 Main St. Yonkers, NY 10461	Leo Grey	Customer Support Manager	VWX COMPANY INC. 234 Main St. Yonkers, NY 10461	Customer Support Manager

3 share Nobel Prize in chemistry

STOCKHOLM—American Richard Heck and Japanese researcher Shiro Higuchi and Akira Suzuki on Wednesday were the 2006 Nobel Prize in chemistry for developing a chemical method that has allowed scientists to create medicines and other electronics. The Royal Swedish Academy of Sciences said the award honored the development of "palladium-catalyzed cross-coupling reactions in organic synthesis" by the three scientists.

Death toll from Asia floods tops 186

TEL AVIV—Hydrologists dropped flood in Pakistan villages and security forces helped search for survivors in the southern floodplains killed by floods and landslides across Asia Wednesday to more than 186. Three-quarters of the deaths were in southern Indonesia, where days of torrential downpours caused loss of food and debris to create inter-tribe violence. Twenty six fatalities were reported in Viet Nam on the nearby Chinese island of Hainan, 84,000 people killed in Indonesia.

Rogue trader says he's a scapegoat

KABUL—The threat of a new trial for the former American intelligence agent who was charged with the 1993 bombing of the World Trade Center, said he was a scapegoat for the attack.

N. Korea's nuclear threat 'dangerous'

SEOUL—The threat posed by North Korea's nuclear program has reached an "extremely dangerous level," an adviser to South Korea's president said in a statement published Wednesday. The statement by Kim Yoo-ho, President Lee Myung-bak's top security adviser, said the threat posed by North Korea's nuclear program has reached an "extremely dangerous level."

White House to go solar

WASHINGTON—Solar power is coming to President Barack Obama's house. The first house in the White House complex that has been built in the last 100 years is being built with solar panels.

First dinosaurs walked on little cat feet

NEW YORK—The first dinosaurs to walk on little cat feet were the first dinosaurs to walk on little cat feet. The first dinosaurs to walk on little cat feet were the first dinosaurs to walk on little cat feet.

Catch a thief from your chair and win cash

LOS ANGELES—Anyone who owns a laptop computer can now fight crime from the safety of their home by participating in a cash-for-catch program. The program is a new initiative by the Los Angeles Police Department to encourage citizens to help catch criminals.

If you have any information regarding the above-mentioned applicants please communicate with the Regional Director.

REGIONAL DIRECTOR
Regional Office

Mama Sita's cookbook offers fail-safe recipes

By Nargis Nargis-Roy

WELL, I'd bet you're going to find a recipe in a newly launched cookbook is double or not to cook these before an audience.

When a cook like Mama Sita's, a famous Bangladeshi chef, has been featured in several cookbooks and has been named as one of the best chefs in the world, it's not surprising that her recipes are so popular. Mama Sita's, a famous Bangladeshi chef, has been featured in several cookbooks and has been named as one of the best chefs in the world, it's not surprising that her recipes are so popular.



Chef Pashley Roy

These dishes, included in Mama Sita's cookbook, are prepared in a way that is easy to follow and are suitable for a variety of occasions. The book is a collection of recipes that are easy to follow and are suitable for a variety of occasions.

Easy, appealing recipes sophisticated enough to make the results seem special

The book is a collection of recipes that are easy to follow and are suitable for a variety of occasions. The book is a collection of recipes that are easy to follow and are suitable for a variety of occasions.

Healthy dishes

The book is a collection of recipes that are easy to follow and are suitable for a variety of occasions. The book is a collection of recipes that are easy to follow and are suitable for a variety of occasions.

Hasa-Hasa sa Luyang Dilaw (Mackerel in Sweet and Tangy Turmeric Sauce)

- 1 cup cooking oil
- 1/2 cup onion, sliced
- 2 tsp dried turmeric powder (turmeric)
- 1/2 cup onion
- 2 cups Hasa-Hasa (Mackerel)
- 1/2 cup white sugar
- 1/2 cup vinegar
- 1/2 cup salt
- 1/2 cup brown sugar (brown)
- 1/2 cup onion
- 1/2 cup onion
- 1/2 cup onion



Heat oil and sauté onion and turmeric. Add the mackerel, onion and turmeric. Cook over high heat and add the turmeric. Add the turmeric and onion. Cook for three minutes. Add the turmeric and onion. Cook for three minutes. Add the turmeric and onion. Cook for three minutes.

Bibingka

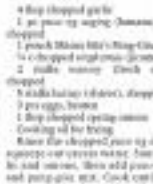
- 1/2 cup flour and coconut powder
- 1/2 cup flour
- 1/2 cup flour
- 1/2 cup flour
- 1/2 cup flour
- 1/2 cup flour
- 1/2 cup flour
- 1/2 cup flour
- 1/2 cup flour
- 1/2 cup flour



Heat oil and sauté onion and turmeric. Add the mackerel, onion and turmeric. Cook over high heat and add the turmeric. Add the turmeric and onion. Cook for three minutes. Add the turmeric and onion. Cook for three minutes. Add the turmeric and onion. Cook for three minutes.

Easy Shrimps

- 1/2 cup cooking oil
- 1/2 cup onion, sliced
- 1/2 cup onion
- 1/2 cup onion
- 1/2 cup onion
- 1/2 cup onion
- 1/2 cup onion
- 1/2 cup onion
- 1/2 cup onion
- 1/2 cup onion



Heat oil and sauté onion and turmeric. Add the mackerel, onion and turmeric. Cook over high heat and add the turmeric. Add the turmeric and onion. Cook for three minutes. Add the turmeric and onion. Cook for three minutes. Add the turmeric and onion. Cook for three minutes.

Banana Blossom Patties with Soy Ginger Sauce

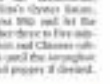
- 1/2 cup cooking oil
- 1/2 cup onion, sliced
- 1/2 cup onion
- 1/2 cup onion
- 1/2 cup onion
- 1/2 cup onion
- 1/2 cup onion
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Grilled Chicken Kebabs

- 1/2 cup cooking oil
- 1/2 cup onion, sliced
- 1/2 cup onion
- 1/2 cup onion
- 1/2 cup onion
- 1/2 cup onion
- 1/2 cup onion
- 1/2 cup onion
- 1/2 cup onion
- 1/2 cup onion



Deep-fried crabs with garlic and noodles

RECIPE: Deep-fried crabs with garlic and noodles. This is a recipe for deep-fried crabs with garlic and noodles. The recipe is for deep-fried crabs with garlic and noodles.



Beef/streak

Beef/streak. This is a recipe for beef/streak. The recipe is for beef/streak.

Manager's Choice pizza

Manager's Choice pizza. This is a recipe for Manager's Choice pizza. The recipe is for Manager's Choice pizza.

Singha

Singha. This is a recipe for Singha. The recipe is for Singha.

Seafood bowl

Seafood bowl. This is a recipe for Seafood bowl. The recipe is for Seafood bowl.

Pastry Burger, Onion Sandwich, Curry

Pastry Burger, Onion Sandwich, Curry. This is a recipe for Pastry Burger, Onion Sandwich, Curry. The recipe is for Pastry Burger, Onion Sandwich, Curry.

Baked goat on a bed of brown, red and yellow rice

Goat meat is a popular dish in many cultures. This recipe is for baked goat on a bed of brown, red and yellow rice. The recipe is for baked goat on a bed of brown, red and yellow rice.

Goat meat is a popular dish in many cultures. This recipe is for baked goat on a bed of brown, red and yellow rice. The recipe is for baked goat on a bed of brown, red and yellow rice.

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Where I had the best-tasting Pad Thai

NO MASTER from many times past has been to a place, you'll always have something new. This my recent trip to Bangkok, organized by PNU Publishing Media and Allied Health International. The weekend visit at our temporary residence, Shuang Li Bangkok, was a refreshing visit. I have called Kaito. That name clicked from my mental database because I encountered it years ago in the book "The Success of Maria V. Dina," compiled and edited by Maria V. Dina. And that's

[illegible]

Reminiscent of some of the many ingredients that have disappeared in our culture, Ancho Reyes would like to tell you the way it is.

Bangkok, she had rented a room inside a small square. When I told her that we used to have that dreamy (which I sent to another book whose title I cannot recall, she was surprised).

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Equally wonderful, however, is how fast you've found it a place and made the way you find it the first time. For us, it was Phil's that, tried muscle wrapped in you.

I first tasted it at the original (and Spina's mother's) kitchen in Madison, where, like the late Adeline, I learned my first Thai cooking. The three and Thai ham steak is my favorite memory of those cooked here under a

Subsequent visits to other places in Bangkok had me not only taste the different cuisines but also caught me different ways to prevent it. There was one where the egg enveloped the noodles and in others of various kinds. Another place caught me how to do the egg roll. The results were different because I took the intent to wrap any thing to make a noodle roll.

In *Shrimp on the Barbecue*, restaurant on the Ham City Board, we were told that it has the best Pad Thai in town, but the proof is always in the eating. The hotel takes the challenge seriously because there is a week/chef who does Pad Thai per order within the buffet of other dishes.



Page 1544

We tied in back-out the screws behind the disk and watched the rack carefully. Some one in our group commented:

Place center of radish cross, some plain, others with specks of mounds and green onions together with small amount of hot cooking oil. Add the chopped garlic and minced dried shiitake fillets. Add seasonings: the soybeans, flavorings of sugar, hot sauce, chili, sugar, lime juice and salt. Break the egg and yolk and mix it with the radish. Wrap the stuffing in the egg, garnish with Thai leaves or lettuce.

It was so close and I still have to take a few more Add-Liver's specially. Some had more, but I just had my one piece, taken with cold Klingon beer. I could have gone home right then and would have left the job uncompleted.

The other reason I like going to Bangkok is the Chatuchak market, which is open only on weekends.

Chatsworth market

But do not really run, because like other reasons I like going to Bangkok is the Channel market that opens only on weekends. It has grown so big with its air-conditioned mall near it, which is open everyday, that before going to the market house, I have to buy Sanyo digital camera, a pair of shoes, a pair of socks, make-up, colorful illustrated map of Thailand, a great postcard for the three who have to visit Bangkok markets. My motor is lost. Yeah, introduced me to the mall and has been a mean guy sharing money with in this Thai city. This time, I can find the mall where the camera, whom she described as "imagination of a person," was sold by some Thai girl. May she be a marketer from that northern place, who



CHOCOLATE had much to do with the De la Riva

and think that this is the best way to do it.

The nice market, for me, is just across Chausmah, the Groatery, where Thai food can be bought, and cooked food can be bought and moved at home to eat right there.

It is the moment for bananas (Ethiopia), and instead of ants to indicate the summer, small bees were swarming around the walls.

One group measured around the clock selling the best fried pork belly, the same as our inches hawell. They sleep it according to your color and by weight, then park it with dipping sauce that I still have to share with other people. As these people

While discussing rock hounds always near to me, it is comforting to hear Ransom and associates that have not changed.

www.fishbase.org

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Organic fest at Bonifacio Global City

JDS MFG CO./CentraWare® (Darien, Conn.), which will enter next month's *Market Center*® is a weekend lifestyle mall located across Sweden's and Brazil's (and its high class). It will provide unique food finds and an exclusive selection of healthy and organic options, all located in prime, comfortable and organized market setting. Moreover, *CentraWare®* will have fun filled activities and entertainment for the whole family.



For those interested in being a founding supplier, and to reserve a stall in Mercado Central@BCC, contact Rache Olat at 9911-5218468, e-mail racholat@gmail.com, visit www.2009complanet.com. There are promotional rates for the first 100 stalls that will be opened up.

Chol program for teens

Large, well-staffed golf courses will not keep the young generation by offering hands-on learning training and their competition programs.

As a business that caters to the family, a program—the Select Kettle Club—was formed to give kids and teenagers the chance to learn food preparation, including a Chef and Bartender Program.

Recently, Congo-Bottle BM Clark held its 25th September Activity, where participants made "Mushdell" or "Virgin Cocktail," a healthy non-alcoholic beverage that consists of fruit and other natural ingredients.

Congo Grill franchises are looking for qualified buyers for the J. Chef and Restaurant owners. Email info@congrill.com or call at 813-255-0120.

Conquest Golf courses are located in El Puerto, Cidras Canyon, Miraflores, Maricao, SM City Pampanga, SM City San Lazaro, SM City Clark, SM Mall of Asia, SM City Pampanga, Megamall, The Mall, Robinsons, and Tomas Morato. Go to www.conquestgolf.com for more information, log on to www.conquestgolf.com, and for reservations and activity, call 708-5405 or 708-5422.



FOLLOW THE LEADER. A senior Congo Cells staff member is preparing the ingredients as participants in the Junior Outstanding Program look on.



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Spicy buffalo wings

STEP BY STEP

By Margie Bago-Reyes

NEITHER YOU'RE throwing a 'baw' night out party or a Friday night get-together with gal friends, buffalo wings are a chicken crowd pleaser and finger-licking appetizer that you can't do without these Christmas.

Making buffalo wings at home is simple and only requires a great deal of hot sauce if you really crave the spicy taste.

The preparation starts with the chicken wings. Chop off the tips of each chicken wing and use each wing in half at the joint. You will get a drumette, but, if you want to stop the eating and drinking, you can just keep a couple of drumettes to enjoy as appetizers.

A typical technique for cooking buffalo wings involves dry brining, then dunking them in a mixture of butter, Worcestershire sauce and liquid hot sauce.

While you can use whatever hot sauce you can find (especially ones, the amount present in the mixture depends on how hot you like your chicken wings to be. Some to start with hot, but add more if the wings aren't hot enough).

"Usually wings are sold at 10/11 for a few minutes, or until golden brown," says Nouri.



1 WASH and pat dry chicken drumettes.



2 RUB wing in dry brine.

Superlative steak house

By Maria Chikiana

Contributor

THE CHICKENS served around their restaurant to be that way "to be wanted," says Jerry Hernandez, "a steak house where people can share orders and enjoy good food." Hernandez's restaurant has become the place to see and be seen, appearing in local news in newspaper columns as a stage for celebrity encounters, even as he talks talk about the restaurant in the newspaper.

It is evident that the ambience of the place is drawing crowds and guests. Or maybe it's the food. Most likely it's both. An executive director says Hernandez's place is, it's a

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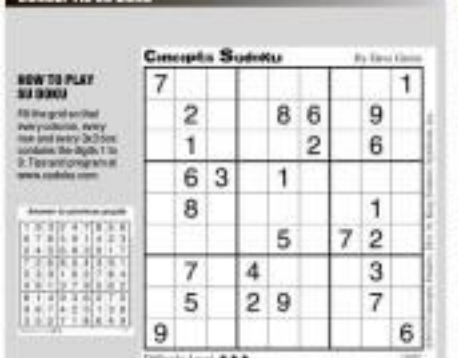


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10. WALL STREET MONEY NEVER SLEEPS	11. WALL STREET MONEY NEVER SLEEPS	12. WALL STREET MONEY NEVER SLEEPS

SM NORTH EDSA	SM NORTH EDSA	SM NORTH EDSA
1. WALL STREET MONEY NEVER SLEEPS	2. WALL STREET MONEY NEVER SLEEPS	3. WALL STREET MONEY NEVER SLEEPS
4. WALL STREET MONEY NEVER SLEEPS	5. WALL STREET MONEY NEVER SLEEPS	6. WALL STREET MONEY NEVER SLEEPS
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GALLERIA	METRO EAST
1. WALL STREET MONEY NEVER SLEEPS	1. WALL STREET MONEY NEVER SLEEPS
2. WALL STREET MONEY NEVER SLEEPS	2. WALL STREET MONEY NEVER SLEEPS
3. WALL STREET MONEY NEVER SLEEPS	3. WALL STREET MONEY NEVER SLEEPS
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5. WALL STREET MONEY NEVER SLEEPS	5. WALL STREET MONEY NEVER SLEEPS

NOVALICHES	FORUM ROBINSONS
1. WALL STREET MONEY NEVER SLEEPS	1. WALL STREET MONEY NEVER SLEEPS
2. WALL STREET MONEY NEVER SLEEPS	2. WALL STREET MONEY NEVER SLEEPS
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4. WALL STREET MONEY NEVER SLEEPS	4. WALL STREET MONEY NEVER SLEEPS
5. WALL STREET MONEY NEVER SLEEPS	5. WALL STREET MONEY NEVER SLEEPS

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MOVIEWORLD

STA. ROSA	LIPA
1. WALL STREET MONEY NEVER SLEEPS	1. WALL STREET MONEY NEVER SLEEPS
2. WALL STREET MONEY NEVER SLEEPS	2. WALL STREET MONEY NEVER SLEEPS
3. WALL STREET MONEY NEVER SLEEPS	3. WALL STREET MONEY NEVER SLEEPS
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DAVAO	ANGEL
1. WALL STREET MONEY NEVER SLEEPS	1. WALL STREET MONEY NEVER SLEEPS
2. WALL STREET MONEY NEVER SLEEPS	2. WALL STREET MONEY NEVER SLEEPS
3. WALL STREET MONEY NEVER SLEEPS	3. WALL STREET MONEY NEVER SLEEPS
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5. WALL STREET MONEY NEVER SLEEPS	5. WALL STREET MONEY NEVER SLEEPS

TACLOBAN	DUMAGUETE
1. WALL STREET MONEY NEVER SLEEPS	1. WALL STREET MONEY NEVER SLEEPS
2. WALL STREET MONEY NEVER SLEEPS	2. WALL STREET MONEY NEVER SLEEPS
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